

Basic Occupational Health Center Services (BOHCS)

The following services are available to all Federal employees of agencies participating in Basic Occupational Health Center Services. Participating employees can receive services from any FOH BOHCS Health Center nationwide.

WALK-IN AND EMERGENCY CARE

- Emergency response/first aid and CPR
- Initial assessment, treatment, counseling and referral for minor illnesses and injuries on a walk-in basis for work-related and non-work-related incidents

IMMUNIZATIONS

- Influenza (flu), Tetanus/diphtheria, and Pneumococcus/Pneumonia (for age > 50)
- Travelers Health and Immunization Information

HEALTHY FOCUS 4 YOU

- Online comprehensive Health Risk Appraisal (HRA) with individualized summary and recommendations
- Online health resources and individualized tracking tools
- Disease-specific health risk assessments

HEALTH EDUCATION PROGRAMS

- At least three (3) programs of 30 minutes duration provided annually at each site on numerous available topics
- Targeted health education programs using needs assessments

SERVICES PRESCRIBED BY A PERSONAL PHYSICIAN

- Periodic bed rest, blood pressure monitoring, and glucose (blood sugar) monitoring
- Allergens, hormones, and other injections (in accordance with FOH policies)
- Other treatments/medications approved by FOH

INDIVIDUALIZED HEALTH COUNSELING

- Advice concerning health-related conditions and behaviors given regularly, based on individual risk factors



What are the benefits?

- **Minimizes time spent offsite** to obtain basic health services such as injections, etc.
- **Offers employees** personalized health counseling based on individual risk factors
- **Provides education** about and access to ongoing health screenings for major illnesses

"I have been impressed with everyone I have dealt with at FOH. Without exception, I have received timely and helpful information at every stage in the process. The organization is top notch."

Federal Employee

Fast Facts

- **Comprehensive Care** – Initial assessment, treatment, and referral available for everything from emergency response to minor illness and injury
- **Expert Care** – Every center staffed with professional nurses and equipped with basic emergency life support equipment, including automated external defibrillators (AED)
- **Broad Network** – more than 300 Health Centers located at Federal facilities nationwide

To locate a center near you, visit:

www.FOH.hhs.gov/WhereWeAre/directory

We care, just call.

800.457.9808

www.FOH.hhs.gov/FS



ONGOING HEALTH SCREENINGS

- Blood pressure, Diabetes, Cholesterol/Lipid, Tuberculosis, and Colorectal cancer,
- Hearing, Vision, Glaucoma and Pulmonary function (where available)
- Self-pay screenings available for prostate cancer, blood type, thyroid and chemistry panel (bone density and mammogram where mobile equipment is available)

OTHER SERVICES

- Lactation Support Services where available
- Referral to Employee Assistance Program (EAP) when appropriate
- Referral to private physicians or community health care providers when appropriate
- Maintenance of medical records in accordance with the Privacy Act
- Participation in occupant emergency planning with other tenant agencies

BASIC SITE VISIT

- Provided annually to assist management in identifying basic safety and health needs

REPORTS

- Account/billing
- Utilization
- Customer Satisfaction Surveys
- Health Risk Appraisal Executive Summary

*Does not include mass screenings or testing for occupational exposure; these services are available through consultation on a fee-for-service basis.