

ANNUAL ACTIVITY SUMMARY BY FUND Only the funds in which you had activity are displayed.

Fund	Beginning Balance	Beginning Shares	Beginning Share Price	Contributions and Additions	Withdrawals and Deductions	Interfund Transfers	Fund Gain or Loss	Ending Shares	Ending Share Price	Ending Balance
G Fund	This space shows your balance in each of the TSP Funds as of January 1 of the statement period. It also shows your total balance as of that date.	This space shows the number of shares you had in each of the TSP Funds as of January 1 of the statement period.	This space shows the value of one share of each of the TSP Funds as of January 1 of the statement period.	This space shows the dollar amount(s) that went into your account during the statement period. It also shows the sum of these contributions and additions.	This space shows the dollar amount(s) deducted from your account during the statement period. It also shows the sum of these withdrawals and deductions.	This space shows the net amount of money that went into, or came out of, any TSP Fund as the result of an Interfund transfer during the statement period.	This space shows your gains and losses in each TSP investment fund (and your total account) for the statement period. It does not include additions and deductions shown in the previous columns.	This space shows the number of shares you had in each of the TSP Funds as of December 31 of the statement period.	This space shows the value of one share of each of the TSP Funds as of December 31 of the statement period.	This space shows your balance in each of the TSP Funds as of December 31 of the statement period. It also shows your total balance as of that date.
F Fund										
C Fund										
S Fund										
I Fund										
L 2040 Fund										
L 2030 Fund										
L 2020 Fund										
L 2010 Fund										
L Income Fund										
TOTAL										

ANNUAL CONTRIBUTION SUMMARY (Does not include adjustments)

Employee	Agency Automatic (1%)	Agency Matching	Service Matching	Transfers/Rollovers Into the Account	Total
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This space summarizes all contributions made to your account during the statement period by type of contribution. You will see only the contribution types that relate to your account.

ANNUAL CONTRIBUTION LIMITS

Elective Deferral	Catch-Up Contributions	415(c)
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This space shows the amounts that were subject to the tax-year limits imposed by the IRS on your regular and catch-up tax-deferred contributions and, if you are a uniformed services member, on the total contributions to your account(s), including any service contributions. It will only show the category(ies) applicable to you.

ANNUAL LOAN SUMMARY

Loan Number	Loan Issue Date	Beginning Principal	Amount of New Loan	Principal Repaid	Nontaxable Distribution	Taxable Distribution	Reversal of Distribution	Ending Principal	Interest Paid	Interest in Arrears
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You will see this section only if you had a TSP loan (or loans) during the statement period, and you will see only those columns and categories that apply to your loan(s). If you had more than four loans during the statement period, this section will show the total of the combined loans for each loan type (i.e., general purpose or residential), and no issue date(s) or loan number(s) will be displayed.

ACCOUNT PROFILE

ThriftLine PIN Data	Web Password Data	ThriftLine Access	Web Access	Quarterly Statement Delivery	Annual Statement Delivery	Power of Attorney/Guardianship/Conservatorship	Account on Hold
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This space tells you when your TSP PIN and Web password were assigned or changed and whether you requested that access to your account via the TSP Web site and/or the ThriftLine be blocked. This space also tells you whether you receive your quarterly and annual statements electronically or by mail, if you had a Power of Attorney, Guardianship, or Conservatorship on file with the TSP, or if your account is on hold, that information will also be displayed here for you.

PRIMARY BENEFICIARY INFORMATION (Date of Designation: mm/dd/yyyy)

Name	Share	Name	Share	Name	Share
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If you have 12 primary beneficiaries or fewer, this space will name them, show the percentage of your account you have designated for each of them, and state the date on which you signed the Designation of Beneficiary form. If you have more than 12 primary beneficiaries, or if you have contingent beneficiaries, you will have to write the TSP to verify the names of your beneficiaries and the percentage of your account that you have designated for each of them.

A PERSONAL MESSAGE FOR YOU

Some participants will find a message here to alert them to important information regarding their accounts.

HOW
TO
READ
YOUR

Annual TSP Participant Statement



If you participated in the Thrift Savings Plan (TSP) last year, the TSP has prepared an annual TSP participant statement for you. You should receive your annual statement in the mail unless you submitted a request to opt out of having it mailed to you. Your statement is also available on the TSP Web site (www.tsp.gov).

Your statement replicates information that is in your TSP record. So please review it carefully. Report any errors regarding contribution allocations, interfund transfers, loans, withdrawals, your account profile, or beneficiary information to the TSP; report any other information that you believe is incorrect to your agency or service.

Your annual TSP participant statement provides a comprehensive profile of your account activity between January 1 and December 31 of last year. It is also an excellent resource for information about the personal data the TSP has on file for you. For more detailed information on specific account transactions, please continue to refer to your quarterly participant statements.

The TSP is offering this leaflet to help you understand the information provided in your annual statement. Read the text shown in red for explanations of what each section of your statement means.



THRIFT SAVINGS PLAN ANNUAL PARTICIPANT STATEMENT

The space below shows the year that is covered in this statement.

For the year: **YYYY**

Please review this statement for accuracy, as the information in it is considered correct unless you notify us. To correct errors in contribution allocations, interfund transfers, loans, withdrawals, your account profile, or your beneficiary information, contact the TSP. For all other corrections, contact your agency or service.

Name
Address Line 1
Address Line 2
City, State Zip Code

Account Number: Your unique TSP identifier
Date of Birth: Check the information in this space to make sure it's correct
Retirement Coverage:
Employment Status:
Required Vesting Service: For FERS participants only, the vesting requirement pertains to Agency Automatic (1%) Contributions.
Legal Residence: For unfurlined services members only

YOUR ANNUAL ACCOUNT SUMMARY

Opening Balance as of January 1, yyyy

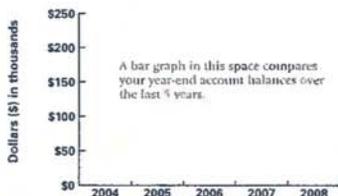
Contributions	This space summarizes the transactions that added money to or deducted money from your account during the statement period. (Your quarterly statements reflect the dates when these transactions occurred.)
Transfers/Rollovers	
Loan Disbursements/Overpayment Refunds	
Loan Payments	
In-Service Withdrawals	
Forfeitures	
Death Benefit Payment	
Court Order Payments	
Excess Deferrals	
Adjustments	
Minimum Required Distributions	
Investment Gain (Loss)	
Post Separation Withdrawals	

Closing Balance as of December 31, yyyy

Your yyyy change in account value
Your yyyy Personal Investment Performance

This space shows your year-end account balance, any change in value, and the rate of return on your TSP investments for the year.

ACCOUNT BALANCE HISTORY



LIFETIME CONTRIBUTIONS

Your Pre-Tax Contributions
Your Tax-Exempt Contributions
Your Catch-Up Contributions

This space shows your gross cumulative employee contributions since you began participating in the TSP.

ACCOUNT DISTRIBUTION

As of the statement date, your account balance was distributed as follows:

Funds for Stability

G Fund
F Fund

Funds for Long-Term Growth

C Fund
S Fund
I Fund

Funds for Long-Term Growth and Stability – Lifecycle Funds

L 2040 Fund
L 2030 Fund
L 2020 Fund
L 2010 Fund
L Income Fund



This space shows the percentage of your TSP account balance that was invested in any of the TSP Funds as of December 31 of the statement period. The pie chart shows how your account balance was distributed among the three fund categories.

CONTRIBUTION ALLOCATION

As of the statement date, your contributions, loan payments, and rollovers were allocated as follows:

Funds for Stability

G Fund
F Fund

Funds for Long-Term Growth

C Fund
S Fund
I Fund

Funds for Long-Term Growth and Stability – Lifecycle Funds

L 2040 Fund
L 2030 Fund
L 2020 Fund
L 2010 Fund
L Income Fund



This space shows how you elected to invest your new contributions and your loan payments and rollovers (if any) as of December 31 of the statement period. The pie chart shows those same allocations by fund category.

TSP Web Site: www.tsp.gov
THRIFTLINE: 1-TSP-YOU-FRST (1-877-968-3778) • Outside U.S. and Canada, call 404-233-4400
TDD: 1-TSP-THRIFTS (1-877-847-4385)

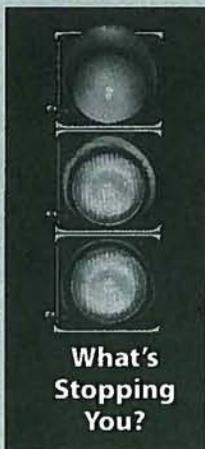
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TSPF23 (1/2009)
PREVIOUS EDITIONS OBSOLETE



Thrift Savings Plan HIGHLIGHTS

January/February 2010



What's Stopping You?

If you received the leaflet pictured above, you are one of approximately 375,000 Federal employees covered by the Federal Employees' Retirement System (FERS) who is not currently contributing your own money to your TSP account. Although your agency is putting in an amount equal to 1% of your pay each pay period, you are missing out on the additional 4% that you can claim by making a contribution of 5% of your basic pay. Even if you contribute less, you still get matching money. Don't let this valuable benefit slip through your fingers — use either Form TSP-1 (www.tsp.gov) or your agency's electronic version of the form to sign up. Start saving today!

Need savings and investment information?

Try some of these public interest websites:
www.mymoney.gov
www.asec.org
www.investoreducation.org
www.sec.gov/investor

The Bull by the Horns

Less than 18 months after the world financial system looked into the abyss, the crisis appears to be over. But we don't know what the future will bring to the financial markets, anymore than we know what the future will bring to us in any other area of life. Whether your personal philosophy agrees with the financial "bull" who believes that markets will follow an upward trend, or with the "bear" who believes that markets will follow a downward path, you should have a plan for your retirement that reflects your informed financial views and your personal goals. Fortunately, you are already a participant in one of the finest retirement savings plans in the world. Let 2010 be the year you make the most of it.

What's your plan? For almost all of you, your three potential sources of retirement income are your annuity payments, Social Security benefits, and your personal savings and investments, including the TSP and any other retirement accounts you may have.

If you are a FERS employee, the TSP is a critical component of your Federal retirement benefit. It is designed to provide a significant portion of your retirement income. That is why FERS employees receive agency contributions to their accounts — the Agency Automatic (1%) Contribution and the potential for up to 4% of basic pay each pay period in Matching Contributions. You have to save 5% of your pay to get the full match. Anything less is just walking away from free money.

If you are a CSRS employee or a member of the uniformed services, your pension payments will be a sizeable portion of your retirement income. As a supplemental savings plan, the TSP offers a great opportunity to save and invest, tax deferred, at very low cost.

Are you contributing as much as you should to the TSP? By law, you can contribute up to \$16,500 to the TSP in 2010 — the IRS elective deferral limit. If you are age 50 or over, you can contribute an additional \$5,500 in catch-up contributions, for a total of \$22,000. If you are a member of the uniformed services, you may contribute a total of \$49,000 in tax-deferred and tax-exempt money. Those are big sums, more than many TSP participants can save in their TSP accounts, and more than many TSP participants may need to save to reach their retirement goals.

Realistically, how much should you be saving? Use the Retirement Planning Calculator on the TSP website to get an estimate of how much you will need for retirement. If you find that you are not saving enough, start devising a strategy now to reach your goal. As you plan to maximize your savings, remember that what you save in the TSP comes out of your pay before taxes are calculated, which effectively reduces the amount of your taxable pay. As a result, because you pay less in taxes, your TSP contribution takes less out of your pay than its face value. For example, for a TSP participant making \$38,000 a year, a 5% TSP contribution from biweekly pay would be \$73, but the participant's paycheck would be reduced by only \$61.*

*This example is based on a married individual filing jointly in 2008 with two dependents.

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TSP website:
www.tsp.gov

ThriftLine: 1-TSP-YOU-FRST (1-877-968-3778)
Outside the U.S. and Canada: 404-233-4400

TDD: 1-TSP-THRIFT5
(1-877-847-4385)

The Bull by the Horns (Continued from front)

How is your investment strategy working for you? You may now have received three annual participant statements (for 2007, 2008, and 2009). Each statement shows your "Personal Investment Performance." Compare how well your investment strategy for each of the three years compared to the annual returns of the TSP funds for those same years (shown below). You might also consult the Historical Returns charts on the TSP website to see how funds did over a longer period.

You may find that some funds did better than your personal performance, and some may not have done as well. Because it is difficult, if not impossible, to predict which funds will do well in any given time period, the TSP created the L Funds. Each L Fund is a professionally diversified mix of all five TSP funds (G, F, C, S, and I), giving you a chance to benefit from higher rates of return when they occur in certain funds, while mitigating your losses when they occur in other funds. The mix lowers your level of risk as you get closer to the year you'll need your money in retirement.

The only choice you need to make is the L Fund that comes closest to that year. For example, if you think you will need your money between 2025 and 2034, you'd likely choose the L 2030 Fund. (Visit the TSP website for a full discussion of the L Funds.)

Educate yourself. Let's face it. The best place to go for financial advice is most likely not your co-worker in the next cubicle. Whether or not you consult a professional for financial advice, there is no substitute for learning as much as you can about your personal finances. There are many sources of information in print and on the Internet to help you make savings and investment decisions. These sites can also give you ideas to help you reduce your monthly expenses so you can afford to save more. Look for sites presented in the public interest that have nothing to sell you and don't seek to influence your investment decisions. See the list on the reverse page for some ideas. Here's to learning more and saving more in 2010!



Rates of Return										
	L 2040	L 2030	L 2020	L 2010	L Income	G Fund	F Fund	C Fund	S Fund	I Fund
Monthly 2009										
Jan	-7.67%	-6.69%	-5.58%	-2.61%	-1.74%	0.19%	-0.86%	-8.41%	-8.19%	-11.93%
Feb	-8.52	-7.47	-6.22	-2.95	-1.98	0.21	-0.39	-10.64	-10.22	-10.23
Mar	7.08	6.30	5.35	2.82	2.06	0.24	1.38	8.81	8.64	7.20
Apr	9.38	8.20	6.79	3.20	2.37	0.21	0.49	9.58	15.00	12.13
May	6.19	5.45	4.66	2.28	1.70	0.25	0.78	5.60	3.97	13.41
June	0.09	0.12	0.14	0.24	0.26	0.27	0.54	0.24	0.73	-1.08
July	7.01	6.16	5.16	2.44	1.94	0.28	1.59	7.58	8.66	9.74
Aug	3.41	3.02	2.57	1.30	1.07	0.28	1.03	3.62	3.85	4.87
Sept	3.56	3.14	2.63	1.32	1.08	0.26	1.07	3.74	5.94	3.79
Oct	-2.15	-1.81	-1.39	-0.38	-0.26	0.26	0.51	-1.86	-5.51	-2.41
Nov	3.98	3.55	3.00	1.47	1.27	0.26	1.30	6.00	3.85	3.16
Dec	2.12	1.85	1.50	0.70	0.59	0.25	-1.55	1.94	6.57	1.43
Annual 2000 - 2009										
2000	-	-	-	-	-	6.42%	11.67%	-9.14%	-	-
2001	-	-	-	-	-	5.39	8.61	-11.94	-	-
2002	-	-	-	-	-	5.00	10.27	-22.05	-18.14	-15.98
2003	-	-	-	-	-	4.11	4.11	28.54	42.92	37.94
2004	-	-	-	-	-	4.30	4.30	10.82	18.03	20.00
2005	-	-	-	-	-	4.49	2.40	4.96	10.45	13.63
2006	16.53	15.00	13.72	11.09	7.59	4.93	4.40	15.79	15.30	26.32
2007	7.36	7.14	6.87	6.40	5.56	4.87	7.09	5.54	5.49	11.43
2008	-31.53	-27.50	-22.77	-10.53	-5.09	3.75	5.45	-36.99	-38.32	-42.43
2009	25.19	22.48	19.14	10.03	8.57	2.97	5.99	26.68	34.85	30.04

The returns for the TSP funds represent net earnings after deduction of accrued administrative expenses and, in the cases of the F, C, S, I, and L Funds, after deduction of trading costs and accrued investment management fees. Additional information about the TSP funds, the related indexes, and their respective 1-, 3-, 5-, and 10-year returns can be found in the TSP Fund Information sheets on the TSP website.

The L Funds, which are invested in the individual TSP funds (G, F, C, S, and I), were implemented on August 1, 2005; therefore, the first annual returns are for 2006. The S and I Funds were implemented in May 2001; therefore, there are no annual returns for these funds for years before 2002.



Thrift Savings Plan

P.O. Box 385021
Birmingham, AL 35238

February 2010

Dear TSP Participant:

When I wrote to you at the beginning of last year, Americans were deeply concerned about the state of the economy, and many Thrift Savings Plan participants were seeing significant losses in their accounts. Fortunately, the past year in the stock and bond markets has been less volatile, and all of the TSP funds have shown substantial gains.

Your Thrift Savings Plan has more good news to report. As a result of Public Law 111-31, signed into law by the President in June, your spouse beneficiary, in the event of your death, may now leave his or her share of your account in the plan. A TSP account will be established in your spouse's name and your spouse can manage it for life, or withdraw it at any time by any of the withdrawal methods available to separated TSP participants. This benefit will be fully implemented later in 2010. The law also provided for a Roth feature in the TSP, which will offer tax-advantaged benefits similar, but not identical, to a Roth IRA. We plan to introduce this feature in late 2011.

I am also happy to report that the test site for the new TSP website was launched in December. TSP participants who logged in to access their accounts were randomly chosen to view the test site and to complete a brief survey. Those of you who visited the site were very positive overall about the design, navigation, and organization of the material and the new "My Account" features. You can be sure that we are paying close attention to your comments and recommendations as we finalize the new and improved website for its debut later this year.

We are also going to devote special attention to our population of approximately 375,000 noncontributing FERS participants. We want participants in this group to understand how important the TSP is to their retirement security and that they are passing up free agency matching money every pay period they don't contribute to their TSP accounts — a very considerable loss to their long-term retirement income. If you have a coworker or friend in this group who is not contributing to the TSP, take a moment to offer a few words of encouragement; you will be thanked for your efforts in years to come.

Finally, on December 1, 2009, our investment manager, Barclays Global Investors, merged with BlackRock Institutional Trust Company. Consequently, BlackRock will be the asset manager for the F, C, S, and I Funds. This merger will not affect your investments in these funds. Further, none of the indexes that the TSP funds are tracking, including the F Fund's Barclays Capital U.S. Aggregate Bond Index, will change.

This year will be a busy one for the TSP and we are looking forward to the innovations and new benefits it will bring to you.

Sincerely,

Gregory T. Long
Executive Director

Enclosures

**T
S
P**

EVERY DOLLAR COUNTS



Celebrates

**America Saves Week
February 21 – 28, 2010**

Every Dollar Counts!



TSP CELEBRATES
MILITARY SAVES WEEK
FEBRUARY 21-28, 2010